

b-Calm™ Evaluation
Elementary School Trial
Received: 25 November 2008

Evaluator #: 1

Student (first name only): Rachel

Age: 9

Grade: 3rd

Diagnosis: Autism Spectrum

Purpose Used: Concentration, Relaxation, & Anxiety

Observations Before Use:

Very agitated and confused by all the noise in the gym

Observations After Use:

During the use of the b-calm in the gym, the student was able to engage more in playing the games with her classmates and continued to walk around the gym when she didn't want to play. She was able to relax while all of the noise and confusion was going on around her.

Poor

Fair

Excellent

Overall Effectiveness: 1 2 3 4 5 6 **X** 8 9 10

Additional Comments:

The student does not usually participate in PE due to the loud noise and amount of organized chaos. She gets very anxious during this time and holds her hands over her ears and walks back and forth. She was able to look like she was part of the group today, because she was able to drown out some of the noise.